

Program Name: Respect the Rhythm in You!

Artist: Jim Cosgrove

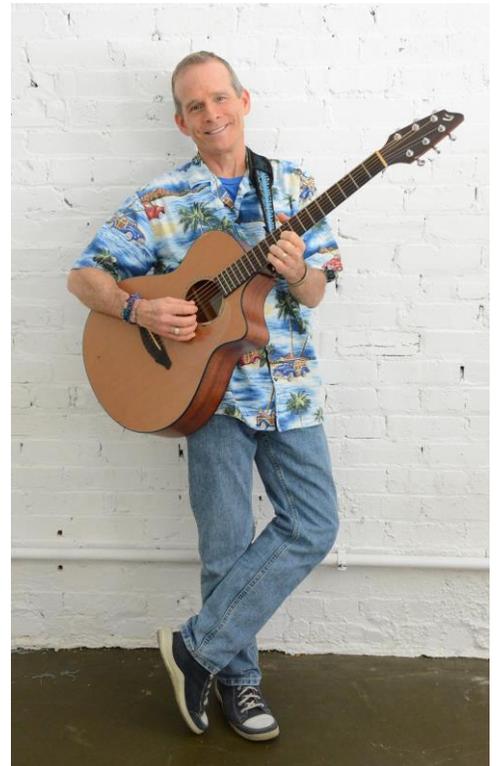
### Special Requirements:

An electrical outlet. 10' x 20' open area (gymnasium floor is adequate) clear for 30 minutes prior. Students seated on floor with a center aisle (no bleachers, please). Performer provides PA system.

### Performance Description

In this interactive character education program, Jim "Mr. Stinky Feet" Cosgrove helps students identify personal rhythm through music, and he leads a discussion about respecting personal rhythm, the rhythm of others, and rhythm of the earth.

Audience volunteers help demonstrate rhythm concepts and participate by playing along in one of two impromptu "jam" sessions. Students identify three specific ways they can exemplify respect in their communities.



### Educational Objectives & Standards

#### Students will:

- Practice being a good audience member and build listening skills.
- Experience rhythm and melody.
- Identify how to respect themselves and others.

#### Standards addressed:

- Introduces that music is a collaborative effort.
- Engages in active listening.
- Contributes to the development of a supportive climate in groups.

## Artist Bio: Jim Cosgrove

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Award-winning kid rocker Jim "Mr. Stinky Feet" Cosgrove is a former journalist and corporate public relations professional who had the sense enough to get a "real" job helping kids laugh and learn. Over the past 18 years, he has performed more than 3,300 high-energy,

interactive shows throughout North America and Europe, and twice at The White House Easter Egg Roll. His eight family albums and two DVDs have earned critical acclaim and an impressive collection of national parenting awards.

## Vocabulary

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**Rhythm:** a strong, regular, repeated pattern of movement or sound.

**Respect:** a feeling or understanding that someone or something is important, serious, etc., and should be treated in an appropriate way.

**Percussion:** musical instruments played by striking with the hand or with a handheld or pedal-operated stick or beater, or by shaking, including drums, cymbals, xylophones, gongs, bells, and rattles.

**Individuality:** the quality or character of a particular person or thing that

distinguishes them from others of the same kind, especially when strongly marked.

**Unicorn:** a mythical animal typically represented as a horse with a single straight horn projecting from its forehead.

**Strum:** play (a guitar or similar instrument) by sweeping the thumb or a plectrum up or down across the strings.

**Parody:** an imitation of the style of a particular writer, artist, or genre with deliberate exaggeration for comic effect.

## Post-Performance Activities

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1. Follow up by discussing the concept of rhythm. Discuss musical instruments and how they don't make music themselves (music comes from us), but how they help us express rhythm. Which instruments were your favorite? Why? Ask if anyone from the class had a chance to play in the band during the show. If so...How did it feel to play in the band? In front of an audience? Then have them make rhythm instruments and put together a class band. Have one student start playing solo, then ask other students to join in one at a time to show how individual rhythm can contribute to group rhythm. Ask older students to make their own instruments using whatever you have in the room. Challenge them to be as creative as they can be – the point being that almost anything is a potential instrument. Even crumpling up a plastic grocery bag

makes a pretty cool sound, and repeating the action over and over makes that bag a musical instrument. (Tip: Bring in old kitchen utensils, plastic grocery bags, cans of various sizes, string, wire, rubber bands.)

2. Discuss the definition of respect and its importance at home and at school. How do we respect our classmates' rhythm? How do we respect our family's rhythm? How do we respect the earth's rhythm? Have each student offer positive comments/compliments about the rhythm of other classmates about.



## List of Resources:

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### Books:

Where The Sidewalk Ends by Shel Silverstein, featuring the poem The Unicorn.

### Music:

CDS: Mr. Stinky Feet, Bop Bop Dinosaur, Ooey Gooy

Contact KCYA for more information about this and other programs

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